			OCTOBER 2025 BREAKFAST K-12 ALLERGEN		
MONDAY	TUESDAY	WEDNESDAY 10/1/25	THURSDAY 10/2/25	FRIDAY 10/3/25	
		Kix	Cheerios	Chex	
		Banana	Apple	Orange	
		Applesauce Cup		Grape Juice	
MONDAY 10/6/25 Cheerios	TUESDAY 10/7/25 Kix	WEDNESDAY 10/8/25 Chex	THURSDAY 10/9/25	FRIDAY 10/10/25 Cheerios	
Peach Cup			Rice Krispies	Pear Cup	
Apple Juice	Apple	Orange Strawberry Applesauce Cup	Apple	Orange Juice	
MONDAY 10/13/25	TUESDAY 10/14/25	WEDNESDAY 10/15/25	THURSDAY 10/16/25	FRIDAY 10/17/25	
Kix	Cheerios	Rice Krispies	Chex	Kix	
Mixed Fruit Cup	Apple	Banana	Apple	Orange	
Apple Juice		Applesauce Cup		Grape Juice	

MONDAY 10/20/25	TUESDAY 10/21/25	WEDNESDAY 10/22/25	THURSDAY 10/23/25	FRIDAY 10/24/25
Cheerios	Rice Krispies	Chex	Kix	Cheerios
Peach Cup	Apple	Orange	Apple	Pineapple Cup
Apple Juice		Strawberry Applesauce Cup		Orange Juice

MONDAY 10/27/25	TUESDAY 10/28/25	WEDNESDAY 10/29/25	THURSDAY 10/30/25	FRIDAY 10/31/25
Kix	Chex	Cheerios	Kix	Rice Krispies
Mandarin Orange Cup	Apple	Banana	Apple	Orange
Apple Juice		Applesauce Cup		Grape Juice

## \*This institution is an equal opportunity provider\*

This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.

