

OCTOBER 2025

ALLERGEN LUNCH K-8

MONDAY	TUESDAY	WEDNESDAY 10/1/25	THURSDAY 10/2/25	FRIDAY 10/3/25
		Chicken Breast Marinara Steamed Carrots Salad Tropical Fruit Italian Dressing Brown Rice	Chicken Taco Meat Brown Rice Fiesta Corn Salad Pico de Gallo Shredded Lettuce Mandarin Oranges	Turkey Links Brown Rice Fresh Baby Carrots Fresh Broccoli Ketchup Orange
MONDAY 10/6/25	TUESDAY 10/7/25	WEDNESDAY 10/8/25	THURSDAY 10/9/25	FRIDAY 10/10/25
Chicken Breast Tater Tots Fresh Baby Carrots Buffalo Sauce Applesauce Ketchup Brown Rice	Beef Hot Dog Baked Beans Ketchup Banana Brown Rice	Sloppy Joes Tater Tots Sliced Cucumbers Apple Brown Rice	Sweet and Sour Chicken Fresh Broccoli Brown Rice Celery Sticks Pineapple Tidbits	Chicken Breast Marinara Fresh Broccoli Fresh Baby Carrots Apple Brown Rice
MONDAY 10/13/25	TUESDAY 10/14/25	WEDNESDAY 10/15/25	THURSDAY 10/16/25	FRIDAY 10/17/25
Beef Tacos Pinto Beans Fiesta Corn Salad Shredded Lettuce Taco Sauce Strawberry Applesauce 6" Corn Tortillas	Glazed Chicken Drumstick Tater Tots Salad BBQ Sauce Orange Italian Dressing Brown Rice	Turkey Links Brown Rice Tater Tots Sliced Cucumbers Fruit Cocktail Ketchup	Chicken Breast Steamed Carrots Celery Sticks BBQ Sauce Diced Pears Brown Rice	AF Beef Patty Fresh Broccoli Fresh Baby Carrots Apple Ketchup Brown Rice
MONDAY 10/20/25	TUESDAY 10/21/25	WEDNESDAY 10/22/25	THURSDAY 10/23/25	FRIDAY 10/24/25
Chicken Breast Steamed Carrots Sliced Cucumbers BBQ Sauce Cinnamon Applesauce Brown Rice	Frito Pie Steamed Corn Shredded Lettuce Banana Frito Corn Chips	Sloppy Joe Steamed Peas Celery Sticks Apple Brown Rice	Beef Hot Dog Baked Beans Orange Ketchup Brown Rice	Chicken Breast Fresh Broccoli Fresh Baby Carrots BBQ Sauce Diced Peaches Brown Rice
MONDAY 10/27/25	TUESDAY 10/28/25	WEDNESDAY 10/29/25	THURSDAY 10/30/25	FRIDAY 10/31/25
AF Beef Patty Tater Tots Celery Sticks Strawberry Applesauce Ketchup Brown Rice	Beef Hot Dog Baked Beans Sliced Cucumbers Orange Ketchup Brown Rice	Beef Taco Meat Fiesta Corn Salad Shredded Lettuce Salsa Pineapple Tidbits Tortilla Chips	Chicken Drumstick Steamed Carrots Salad BBQ Sauce Tropical Fruit Italian Dressing Brown Rice	Turkey Links Brown Rice Fresh Broccoli Fresh Baby Carrots Apple Ketchup

This institution is an equal opportunity provider

This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.



MENUS ARE SUBJECT TO CHANGE